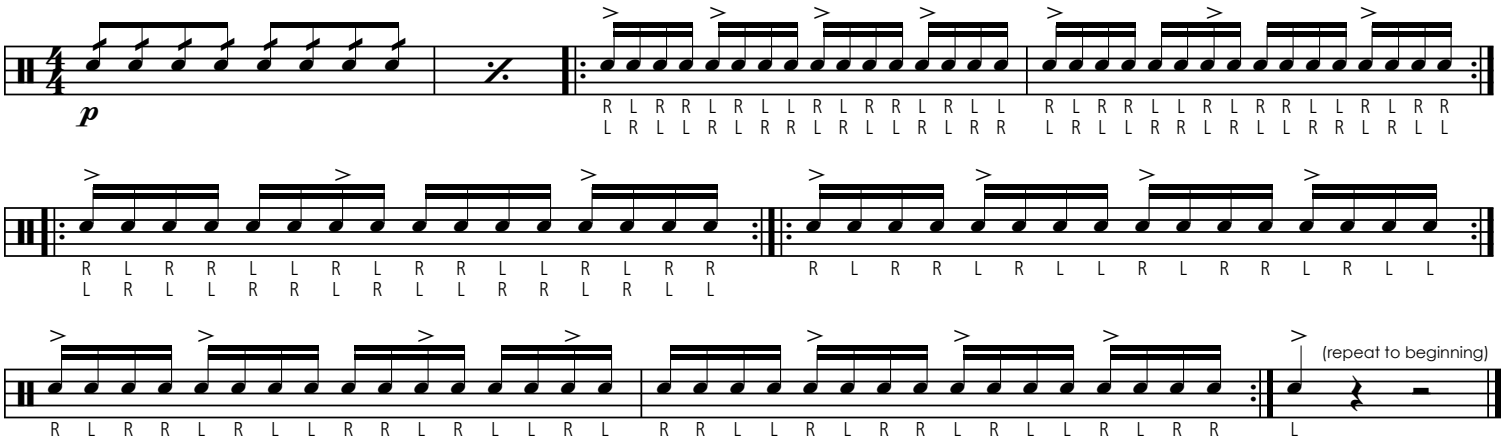
LEVEL TWO

ZILDJIAN WORKOUT WITH

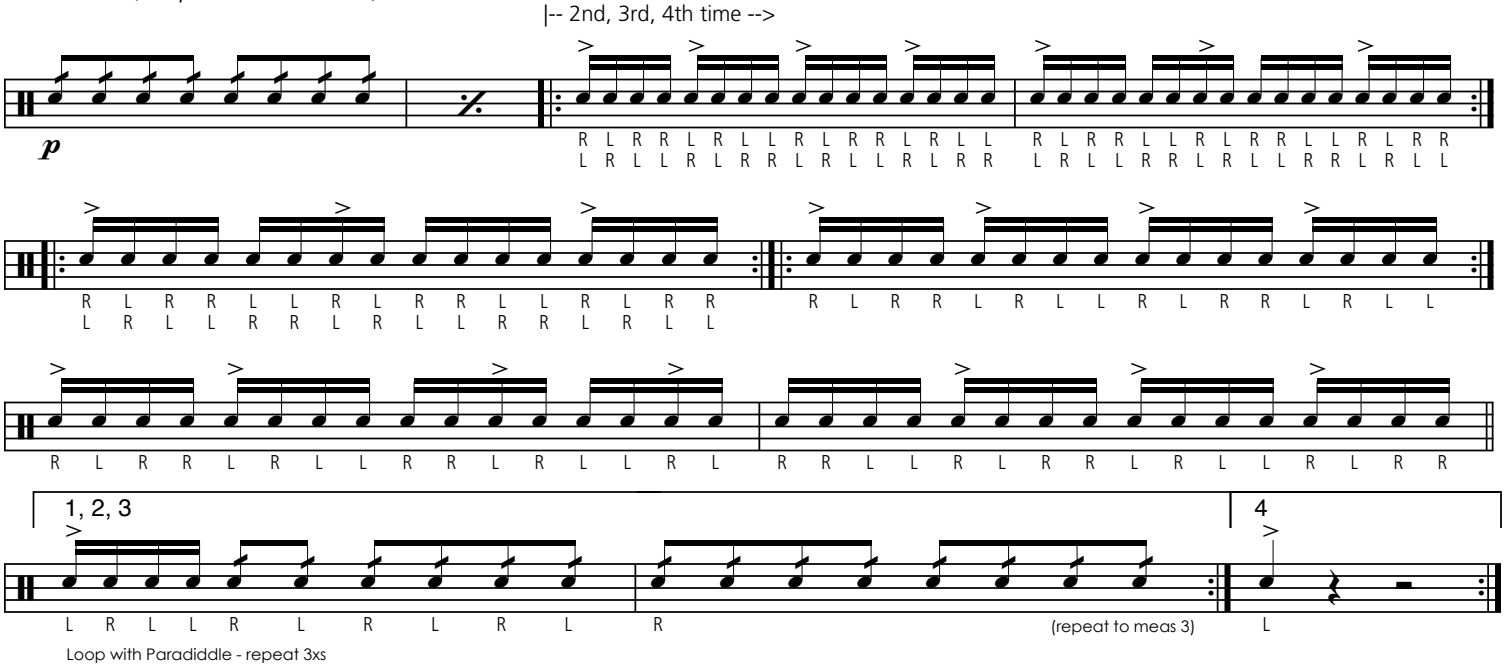
NICOLE CASINO

PARADIDDLE CHOP-OUT

VERSION 1 (Drop 4 ending)



VERSION 2 (Loop with Paradiddle)



Loop with Paradiddle - repeat 3xs