

Zildjian® DRUM SET METHOD



BY **MARK WESSELS**
WITH VIDEO LESSONS FROM
WAYNE SALZMANN II

INCLUDING FREE video lessons
Available at www.zildjian.com/education

INTRODUCTION

There are countless books, websites, apps, videos and social channels all devoted to teaching you how to play drums. With a pretty broad range in quality and depth of lesson content, we wanted to take a slightly different approach. Our goal for this Drum Method project isn't to replace the thousands of other resources available. It's to **INSPIRE PEOPLE TO EXPRESS THEMSELVES THROUGH MUSIC** by providing trusted, guided lessons, and a motivating experience that helps get your feet wet with music and percussion. As the global leaders in cymbals, drumsticks, and mallets, we at the Avedis Zildjian Company are committed to helping create the next generation of musicians, artists, and/or music lovers.

For every student who fully commits to buying a drum set and signing up for lessons, there are countless other people who are interested in the drums, but either don't know where to start or aren't sure if they're ready to jump in head-first. That's where the Zildjian Drum Set Method comes in. Start with the first lesson - you don't need drums or sticks to get started, and it's totally free.

If your dream is to one day play in a band, or even to become a 'good enough' drummer to be able to play along with your favorite tunes, then we **HIGHLY RECOMMEND** that you take lessons from a qualified drum teacher.

For the drum teachers out there, we think you're going to love having this resource available. In the planning and production of this series, we wanted to give the student a rock-solid drumming foundation and well-rounded knowledge, delivered in a fast-paced, user friendly environment. We hope you'll consider incorporating it into your current curriculum.

READY TO GET STARTED? We hope you enjoy using this book & video series, joining a growing community of music-makers with every step, and maybe even joining the Zildjian family in the future!

ABOUT US

THE AVEDIS ZILDJIAN COMPANY



THE WORLD'S LEADING MAKER OF CYMBALS, DRUMSTICKS, AND MALLETS

The Zildjian Company has been synonymous with setting the standard for the development and manufacture of high performance musical instruments since 1623. As the world's leading maker of cymbals, drumsticks, and percussion mallets, Zildjian products are sold across the globe, under the Zildjian®, Vic Firth®, and Balter™ brands, and are the standard to which all other cymbals, drumsticks and mallets are measured. From the beginner to the world's greatest rock stars, jazz performers and concert percussionists, amateurs and pros alike choose Zildjian, Vic Firth, and Balter products to allow them to experience and share the joy of music.

Headquartered in Norwell, Massachusetts with offices in Newport, ME, Los Angeles, CA, London, UK, and Singapore, Zildjian products are sold globally through distributors and via a network of dealers. All Zildjian instruments are made in the USA at our cymbal factory in Norwell, MA and drumstick/mallet factory in Newport, ME.

The Zildjian logo is rendered in a highly stylized, cursive script. The letters are thick and black, with a small registered trademark symbol (®) at the end of the word. The font is elegant and traditional, reflecting the brand's long history.

WWW.ZILDJIAN.COM

MARK WESSELS

DIRECTOR OF EDUCATION • ZILDJIAN® | VIC FIRTH® | BALTER MALLETS™

Author of the "Zildjian Drum Set Method"

Mark Wessels is an internationally respected author and educator. As a publisher, his "Fresh Approach" method books are among the most successful in the world, with over 300,000 copies in print.

From 1983-2000, Mark taught percussion in some of the most successful public school programs in Texas and launched one of the first internet sites devoted to percussion education. As a result, he was hired as the "Director of Internet Activities" in 2000 for the Vic Firth Company and built one of the most popular online destinations for drummers today. Through the years at Vic Firth, Mark created the vast library of educational resources, many of which were ground breaking in its day. From Essential Rudiments, Groove Essentials and other popular posters to video lessons, play-along tracks, "In the Lot" and "Learn the Music" videos, Mark has been at the forefront of percussion education for over two decades.

During his tenure at Zildjian, Mark has also been responsible for producing thousands of drum set, marching and concert performance videos from all over the world. Working with other dedicated members of the Zildjian team, he also produced and directed the popular "Zildjian Underground," "Zildjian Live" and "vfJAMS" video series. Outside of his work at Zildjian, Mark continues to publish new projects through his website at WWW.MWPUBLICATIONS.COM.



WAYNE SALZMANN II

Host of the "Zildjian Drum Set Method" Video Lesson Series

Wayne Salzmann II is a drummer, educator, author, and composer based in Austin, Texas. He has been the Drum Set Instructor at the University of Texas at Austin for over a decade and has given clinics and masterclasses worldwide.

In addition to his extensive touring and recording with Grammy winning guitar virtuoso Eric Johnson and iconic songwriter Bob Schneider, Salzmann has also performed and/or recorded with Steve Miller, Kenny Rogers, Kris Kristofferson, Christopher Cross, Joe Satriani, Mike Stern, Robben Ford, Chris Potter, Dick Oatts, Bill Watrous, Diane Schuur, Bobby Shew, UT Jazz Faculty,

San Antonio Symphony, and many others. He has hundreds of recording credits, including a Billboard no. 1 Jazz record, a Billboard no. 1 Blues record, and feature film soundtracks.

Wayne's book "Developing Melodic Language on the Drums" has received high acclaim from legendary drummers Peter Erskine, Ed Soph, Carl Allen, John Riley, and from *Modern Drummer Magazine*. He currently serves as a member of the Drum Set Committee for the Percussive Arts Society, and is an artist/clinician for DW Drums, Pedals, & Hardware, Zildjian Cymbals, Remo Drumheads, and Vic Firth Drumsticks. Keep up with Wayne at WWW.WAYNESALZMANN.COM.

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HOW TO USE THIS BOOK

Fundamentally, there is no “right” or “wrong” way to approach any book, but here are a few suggestions that might help you get the most out of the Zildjian Drum Set Method.

If you’re a first-day beginner, you’ll obviously want to start at the beginning and progress through each lesson in succession. This method introduces skills that build from one to the next. If you’ve been playing a while, we recommend that you skim through the first part of the book to make sure you understand the concepts and can play all of the material included in each of the lessons.

In addition to learning the fundamentals of how to play the drums, this book also includes a significant amount of information about the gear you’ll be using – necessary info which is often omitted from other beginner drum methods. We believe that knowing how each piece of gear functions and how to fine tune your setup is an important part of learning about the drums.

Unless you’re studying privately with a qualified drum instructor, the free VIDEO LESSONS available on zildjian.com are a crucial part of this method. In the videos, Wayne Salzman takes you step-by-step through each lesson, introducing concepts and demonstrating the fundamentals of each new technique, groove and fill. We encourage you to pick up your sticks and play along instead of simply watching the videos.



At the top of each lesson you can scan a QR CODE with a mobile device that will take you directly to the content available on the Zildjian website. Be sure to take advantage of the resources available. The content includes video lessons, play-along tracks and extended educational material that we were not able to fit in the pages of this book. If you wish to view the website on a desktop or laptop computer, bookmark the address for the full lesson series:

www.zildjian.com/education/zildjian-drum-set-method.html

We’ll leave you with one final thought. The key to becoming successful is to ALWAYS HAVE FUN! As with any worthwhile endeavor, there may be times when you become frustrated. We encourage you to take a step away from the book during each practice session and play along to some of your favorite tunes. Not only will you have fun, but by using your ears and listening to music created with professional drummers, you’ll develop a sense of how to create parts that serve the music – which is the true role of all great drummers.

Good luck on your journey!



GRIPPING THE STICKS

Once you purchase your first pair of drum sticks, you may be tempted to just grab them and start playing, but if you'll take a few minutes to learn how to hold them correctly, you'll be much better off in the long run. If you don't have a pair of sticks yet, grab some dowel rods or spoons and follow along.

FIND THE BALANCE POINT

The best place to grip the stick is usually about a third of the way from the butt end of the stick (on the "flag" if you're using a Vic Firth® stick).



ESTABLISH THE FULCRUM

The spot where you'll grip the stick is called the FULCRUM – the pivot point of the stick in the hand. At the balance point, grasp the stick between the fleshy part of the thumb and the first joint of the index finger.

WRAP THE BACK FINGERS AROUND THE STICK

The back end of the stick should fall between the heel and the "life line" in the palm. Gently wrap the back fingers around the stick, keeping a small amount of space between the back fingers and the palm.



THE MATCHED GRIP

The most natural way to hold the stick is in the matched grip, where both hands grip the sticks exactly the same. Repeat the steps above for the left hand grip, then try "wiggling" the sticks in the air. You should feel the sticks bouncing between the palm and the back fingers, with just enough control in the fulcrum to keep the sticks from sliding around in your hands.

ADJUSTING YOUR THRONE AND PRACTICE PAD HEIGHT



Beginning drummers will often use chairs or stools that will not adjust to the proper position for playing the drum set, so having a good drum throne is very important. Adjust the throne height so that your legs are just above parallel to the floor and your heels are below your knees.

With your sticks in your hands, drop your arms by your side. Pick up your forearms and place the tips of the sticks together in front of your body at roughly a 90° (or slightly smaller) angle. Try to RELAX your shoulders and let your elbows hang naturally by your side.



Having a great posture is very important! Rounded or slumped shoulders will cause lower back pain if you play the drums for any length of time.



THE PRACTICE PAD

If you want to practice without annoying the family or neighbors, having a great drum pad is an essential tool. Zildjian practice pads have a solid wood base and soft silicone surface for just the right amount of rebound.

SETTING UP THE DRUM (OR PAD)

Whether you're starting out on a snare drum, or with just a practice pad on a stand, you'll need to adjust the height so that it is positioned a few inches above your legs. Adjust the tilting mechanism so the playing surface is level. As you place the tips of the sticks in the center of the pad, your forearms should be slightly below parallel, with your hands relaxed at about a 45° angle.

