

EX1: PUDUHDUHS

Play as written at 152

At 160, repeat each hand 5x with a different grip each time:

- 1. Index on Top
- 2. Index and Middle Only
- 3. Middle and Ring Finger Only
- 4. Ring and Pinky, No Thumb
- 5. Normal

Musical notation for the first staff of EX1. It features a 4/4 time signature and a series of rhythmic patterns on a single staff. Above the notes are accents and numerical indicators (3 and 9). Below the staff, the letters 'R' and 'L' indicate the hand used for each note.

Musical notation for the second staff of EX1, continuing the rhythmic patterns from the first staff.

Musical notation for the third staff of EX1, continuing the rhythmic patterns.

Musical notation for the fourth staff of EX1, continuing the rhythmic patterns.

Musical notation for the fifth staff of EX1, continuing the rhythmic patterns.

Musical notation for the sixth staff of EX1, continuing the rhythmic patterns.

EX2: PANTERA

Variations:

- 1. Hands Only (Wrist Isolation)
- 2. All Forte
- 3. All Piano
- 4. Accent Tap

Musical notation for the first staff of EX2. It features a 4/4 time signature and a series of rhythmic patterns on a single staff. Below the staff, the letters 'R' and 'L' indicate the hand used for each note.

Musical notation for the second staff of EX2, continuing the rhythmic patterns.

Musical notation for the third staff of EX2, continuing the rhythmic patterns.

Musical notation for the fourth staff of EX2, continuing the rhythmic patterns.

EX3: 7/8 Paradiddles

VARIATIONS:

- 1. All Forte (no accents)
- 2. All Piano (no accents)
- 3. With Accents

MM = 150, 176, 192

RlRlRlRl | RlRlRlRl | RlRlRlRl | RlRlRlRl | RlRlRlRl | RlRlRlRl | RlRlRlRl

RlrrLlRlRlRl | RlrrLlRlRlRl | RlrrLlRlRlRl | RlrrLlRlRlRl | RlrrLlRlRlRl | RlrrLlRlRlRl | RlrrLlRlRlRl | R

EX4: 8th to Trip Rolls

RLRLrLrLrL | RLRLrLrLrL | RLRLRLRL | rLrLrLrLrL | rLrLrLRLRL | rLrLrLRLRL | rLrLrLrLrL | RLRLRLRL

RLRLrLrLrL | RLRLrLrLrL | RLRLRLRL | rLrLrLrLrL | rLrLrLRLRL | rLrLrLRLRL | rLrLrLrLrL | RLRLRLRL